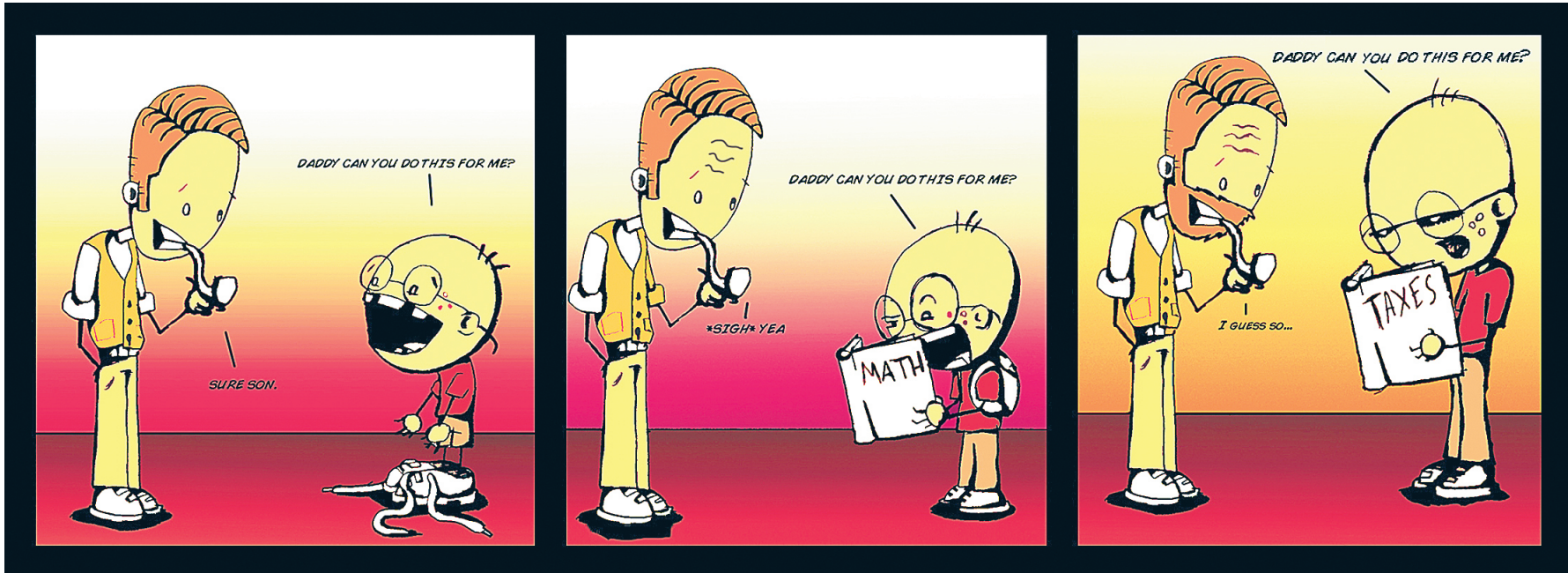


Mom? Dad? I have a question



Comic by Jeff Brown and Nolan Fabricius | COLLEGIAN

Many students unable to make decisions without help from ‘helicopter’ parents

Amanda Moerlien
KANSAS STATE COLLEGIAN

Recent studies are showing that no matter how old children are, many parents are finding it difficult to let go. With this “hovering” behavior, students are also finding it difficult to make decisions on their own.

Deborah Murphy, graduate student in counseling and student development, completed a study with Mark Barnett, psychology professor, that found a direct relationship between parents’ over-involvement and students who are planning to return home after completing college.

“The literature suggests that it is because they do not have the self-esteem to be able to do it on their own,” Murphy said. “They have relied on their parents all this time, and they are not confident enough on their own to

tackle large – and sometimes small – tasks.”

Many students are getting to college and are unable to fend for themselves. Some of these students were coddled and protected as children to the point of threatening their ability to go out on their own and form healthy relationships and proper job skills later in life.

“Sometimes I call my mom more than once a day. I don’t call them because I have to, but because I think having a good relationship with my parents is important as I continue to grow up and away from them in some aspects,” said Elisa Winchell, sophomore in animal science.

Anthony Balderrama, writer for *CareerBuilder.com*, said parents have been butting into the workplace lately. Some go so far as to make employment decisions for their children.

Parents have been known to write their children’s résumés, acting as their children’s “representatives” and even calling employers to see why their children didn’t get specific jobs, Balderrama stated.

The cell phone often has been attributed to the rise of the helicopter parent. Despite their children living outside the home and hundreds of miles away, parents can reach them at any time, either by calling or texting.

This allows parents to keep up-to-date on occurrences in their children’s lives and to dictate how they live them. Students are also guilty of calling their parents at any time during the day.

“Based on recent literature, parents are afraid their children will not be successful without their help,” Murphy said. “They are doing it out of love and care, but it unfortunately backfires

when their children become dependent upon their help. The students are not learning valuable lessons by having to rely on their own strengths.”

While most of the blame is being put on parents who just can’t seem to let go, many students are also not ready to let go of their parents. Some feel the decisions they make might disappoint their parents, so they choose to get their parents’ opinions first.

Many students seem to enjoy and appreciate the help from their parents, Murphy said.

“I ask my parents for their opinions a lot because most of the time they have good opinions,” said Andy Stueve, sophomore in secondary education, “and really, they are the people that know me the most and have an idea of what I want to do with my life, but they do let me make my own decisions.”

Student speaker panel offers advice for success

By Jenene Heavey
KANSAS STATE COLLEGIAN

The Student Advisory Panel, sponsored by K-State Healthy Decisions, met yesterday in the Union Courtyard to discuss ways to improve academic success. Resources from campus support organizations, freebies, and lunch were offered.

Student moderator Rachel Jaunnin led the panel of six upperclassmen panel members.

“During your time at K-State, what resources on campus have you discovered that have helped you succeed academically?” asked Jaunnin.

Panel member Emily Haug, junior in political science and marketing, said she spoke with a professor about a test grade, which helped improve her score, in one instance.

“I think the most beneficial resource we have here is professor’s office hours,” Haug said. “A lot of students don’t take advantage of the office hours that the professors have. Since then, I’ve continued to go to professor office hours. It’s helped improve my classes and I understand what’s going on.”

The panel also suggested students use library databases, go to tutoring sessions, employ time management skills and visit academic and career information counseling services.

Panel member Katie Ford, junior in elementary education, said she found the Academic and Career Information Center, where she works, to be a helpful outlet for students.

“We work with students choosing a major, changing a major and those possibly just seeking information on grad school,” Ford said. “It’s opened a lot of informa-

tion for me that I didn’t expect I would utilize, but I have.”

Panel member Zach Ozbun, senior in microbiology and biology, said students must learn personalized study habits to be successful in college. For instance, Ozbun finds a familiar face in his class and uses the bond for academic stability.

“Support each other,” Ozbun said. “It drives us to succeed. [Your study partner] still has to be someone who is focused like you are, focused on their academic well-being for that semester.”

To find a healthy balance, panel members use faith, free time and occasional mental health days, avoid overinvolvement in campus activities, and do not obsess over grades.

“I try not to spread myself too thin,” Ford said. The next panel is scheduled for next semester and will cover a new topic aimed to improve student success and the quality of the college experience.

“We are focusing on first and second year students,” Sarah Tedford, sponsor and coordinator for K-State Healthy Decisions, said. “[Panel members] can give their advice to students who can incorporate them so their routine can be successful from the start.”

Among the services represented at the event were Student Financial Services, Career and Employment Services, Academic Assistance Center, Healthy Decisions, Trio Programs Services, Disability Services, Academic and Career Information Center, Academic Resource Centers, Department of Housing and Dining Services and Union Program Council.

Jenny Ireland, junior in business, said the student series event has refreshed her memory on how many campus resources there are.



Photo by Lisle Alderton | COLLEGIAN
Tim Hawkinson, junior in psychology, speaks about his college experiences — dealing with partners and tackling classes — as part of the group discussion hosted by Healthy Decisions in the K-State Student Union Courtyard.

“Everybody’s great around here,” Ireland said. “They’ve really helped me.”

Ireland has used ACIC, tutoring and was on her way to talk to

Union Council representatives.

“You have to use your resources,” Ireland said. “They’re there to help you. You just have to pursue them.”

DesignExpo to offer internships today

By Sarah Rajewski
KANSAS STATE COLLEGIAN

The College Of Architecture, Planning and Design will host its annual DesignExpo from 10 a.m. to 3 p.m. today in the K-State Alumni Center ballroom.

Career and Employment Services is also sponsoring the event, according to a recent press release.

According to the release, the DesignExpo, which is in its ninth year, is a career fair meant to help students meet with prospective employers.

Employers at the event are offering full-time employment and internships, according to the release, and they will be focusing on the areas of architecture and product design, landscape architecture and regional and community planning, among others.

The spring session of the DesignExpo has been set for Feb. 23, and this will be the first year that the event has occurred both in the fall and spring, according to the release.

According to the DesignExpo’s Web site, the spring session will be larger since it will be in the K-State Student Union Ballroom, which can hold more employers.

According to the DesignExpo’s Web site, the fall will be geared toward academic internships for students, generally in their fourth year of study, for spring and summer 2009.

The spring session will focus on employment of upcoming graduates.



Feeling frisky? Check out how K-State stacks up against the rest of the nation in sexual health education and health.



Find out how the K-State men’s golf team fared against the New Mexico State Aggies at the Herb Wimberly Intercollegiate.

SPORTS, PAGE 6

Claflin Books and Copies

1814 Claflin Rd.

www.claflinbooks.com

(785) 776-2777

Fax: (785) 776-1001

Puzzles | Eugene Sheffer

ACROSS

1 Bishopric

4 Mop the deck

8 First murderer

12 Actress Mendes

13 London gallery

14 Anger

15 Fleur-de—

16 Plated critter

18 Pamphlet

20 Weir

21 Coagulate

24 Summer-time vaca-tion site

28 Tall cup-boards

32 Pale

33 — con-strictor

34 Spanish hors d'oeuvres

36 Kennedy or Danson

37 "Hairy one" of the Bible

39 Sanction by ruling

41 Plasma-like fluid

43 George of "CSI"

DOWN

1 Ego

2 Malefi-cence

3 Simple

4 Inspiring romance, maybe

5 Gen.

6 \$ dis-penser

7 Rosary compo-nent

8 Black Sea peninsula

9 Have a bug

10 "— be darned!"

11 Ultra-modernist

17 Apply lightly

19 Green prefix

22 Exam format

23 Reserva-tion resi-dence

25 Italian wine region

26 At the home of (Fr.)

27 Jekyll's bad side

28 8-Across' victim

29 Optimistic

30 Sir's coun-terpart

31 Long story

35 1979 song by Robert John

38 Cheerful

40 Baton Rouge sch.

42 Coop dweller

45 Dutch cheese

47 Mediocre

48 Greek vowel

49 Rams fans?

50 Matlock's field

51 Mound stat

52 Obtain

53 In days past

54 Massage

1234567891011

121314

151617

181920

21222324252627

2829303132

33343536

37383940

414243

444546474849

505152535455

565758

596061

1234567891011

121314

151617

181920

21222324252627

2829303132

33343536

37383940

414243

444546474849

505152535455

565758

596061

10-29 CRYPTOQUIP

JQCR FV JIE BN VPXR VG HG
EGBC FXGRFRW KQGXC E, F
KGPXIWCGPEON EVCSSCH PS
VG VQC SOCIV.
Yesterday's Cryptoquip: HAVE YOU NOTICED THE SIGN THE COUTURIER POSTED ON HIS PRIVATE PROPERTY?: "NO DRESS PASSING."
Today's Cryptoquip Clue: V equals T

YOU SUCK | BY NOLAN FABRICIUS AND JEFF BROWN YOU.SUCK.COMIC@GMAIL.COM

THE BLOTTER

ARRESTS IN RILEY COUNTY

SUNDAY
Terence Lee Bunker, 2571 Buttonwood Drive, was arrested at 12:29 a.m. for battery. Bond was set at \$500.
Mark Marvin Mueller, Hiawatha, Kan., was arrested at 12:29 a.m. for driving under the influence. Bond was set at \$1,000.
Yun Ju Fang, 1815 Claflin Ave., No. 24, was arrested at 1:46 a.m. for driving under the influence. Bond was set at \$500.
Tyler William Bales, 513 Sunset Ave., was arrested at 2:27 a.m. for driving under the influence and unlawful transportation of liquor in opened containers. Bond was set at \$750.
Benedict Joseph Taylor, St. Marys, Kan., was arrested at 2:48 a.m. for driving under the influence. Bond was set at \$500.
Aubrey Adaryll Porter, 105 Brookstone Circle, was arrested at 3:42 a.m. for driving under the influence. Bond was set at \$500.
Davyon Kna McGhee, 2215 College Ave., Apt. A204, was arrested at 4 a.m. for driving with a canceled or suspended license. Bond was set at \$750.
Nelson Waikenen Jones, Topeka, was arrested at 3:35 p.m. for driving with a canceled or suspended license. Bond was set at \$500.
Archie Hoyt, 830 Osage St., Apt. 2, was arrested 8:39 p.m. for driving under the influence. Bond was set at \$750.
Travis Theodis Chaney, Junction City, was arrested at 10:10 p.m. for battery. Bond was set at \$750.
Roy Lee Ortiz, 1404 Overlook Circle, was arrested at 11:20 p.m. for aggravated indecent liberties with a child. Bond was set at \$10,000.

MONDAY
Hilary Kay Cromwell, 730 Allen Road, No. 149, was arrested at 10:25 a.m. for conspiracy to commit an off-grid felony, theft and theft detection shielding device.

THE PLANNER | CAMPUS BULLETIN BOARD

Career and Employment Services will sponsor the Graduate/Professional School Fair from 11 a.m. to 3 p.m. today. For more information, go to www.k-state.edu/ces.

Career and Employment Services will sponsor Walk-in Wednesday from noon to 4 p.m. in Holtz Hall. For more information, go to www.k-state.edu/ces.

Intramural entries for Board Game Bonanza will be accepted through Thursday in the office at the Peters Recreation Complex. Sign up for a fun evening of Monopoly, Connect 4, Jenga and Scattergories as an individual or team of four people. For more information, call 785-532-6980 or go to www.recservices.k-state.edu.

The Pre-Vet Club will have a meeting at 7:30 p.m. Thursday in Frick Auditorium, located in Mosier Hall.

Career and Employment Services will sponsor Tips to Evaluate Job Offers at 4 p.m. Thursday in K-State Student Union 213. For more information, go to www.k-state.edu/ces.

Career and Employment Services will sponsor Work the Education Career Fair at 6 p.m. Monday in K-State Student Union 213. For more information, go to www.k-state.edu/ces.

The influenza vaccine is available at Lafene Health Center. Flu vaccine clinics are scheduled for Thursday and Nov. 6, 13 and 20, or until supplies are depleted. Please refer to Lafene's Web site, www.k-state.edu/lafene, for vaccine dates/times and info.

Career and Employment Services will sponsor a Dining Etiquette Workshop at 5:30 p.m. Nov. 6 in the Derby Dining Center Gold Room. The workshop is designed to prepare students for interviews and business meetings conducted over meals. Reser-

tions and advance payment must be made by Friday by calling 785-532-6506 or by going to Holtz 100. The cost is \$7.50 per person or one meal exchange with a K-State student meal plan. Professional business attire is required at the event.

The Graduate School announces the final oral defense of the doctoral dissertation of Valeriy Kolesnikov at 3 p.m. Nov. 3 in Nichols 236.

The Graduate School announces the final oral defense of the doctoral dissertation of Lucas Baker at 11:15 a.m. Nov. 5 in Throckmorton 2002.

Rec Services presents Healthy Women Workshop from 1:30 to 2:30 p.m. Nov. 8. This is a free workshop to learn tips about introductory lifting techniques and health benefits of adding weight lifting to your workout routine. It's free for K-State students and Rec members. Sign up in the administrative office by Nov. 7. For more info, call 785-532-6980.

Manhattan High School Performing Arts presents the madcap Roaring '20s musical "Thoroughly Modern Millie" at 7 p.m. on Nov. 11, 12, 13 and 15 in Rezac Auditorium on the Manhattan High School West Campus. Adult tickets are \$7 and \$5 for students. Tickets go on sale Wednesday. Call 785-587-2117 for more information.

The Graduate School announces the final oral defense of the doctoral dissertation of Cris Ugolini at 1 p.m. Nov. 18 in Cardwell 119.

The Student Organization for Cultural Studies Student Film Festival will be at 6:30 p.m. Nov. 20 in K-State Student Union 212. Admission is free. The deadline to submit films in either the "polished film" or "24-hour film challenge" category is Nov. 3. Film submission forms are available at www.k-state.edu/socs or contact Ashley Ortiz at aortiz@ksu.edu.

WEDNESDAY'S WEATHER

SUNNY

High | 72° Low | 48°

Call

776-5577

One Bedroom

- 1950 Hunting - \$520/month

- 1960 Hunting - \$550/month

Apartment available in January

House - Four Bedroom, Two Bath

- 722 B Osage - \$900/month

DIAMOND

Give us a call! 537-7701

REAL ESTATE

MANAGEMENT

WEDNESDAY'S YOU CALL IT NIGHT!

\$2.00

You call it drinks

Domestic Bottles

\$2.00

TUBBY'S

Sports Bar

www.tubbyssportsbar.com

OCTOBER 30

noon - 1pm

UNION COURTYARD

GROUND FLOOR, K-STATE STUDENT UNION

Special performances by K-State dance students.

Guest Speaker: Mary Kay Siefers

Last chance to purchase tough enough to wear pink t-shirts.

Check out "Think Pink" in the William T. Kemper Art Gallery through October 31.

BREAST CANCER

AWARENESS MONTH CELEBRATION

K-STATE

Healthy

DECISIONS

We're here to help you succeed!

www.k-state.edu/hd

Stop by our office, call or check out our website if you have questions about what services are available to help you succeed here at K-State.

Office of Student Activities & Services

Ground Floor, K-State Student Union

Phone: 785-532-6541

Email: kstatehd@k-state.edu

City primary election rules could change

By Brandon Steinert
KANSAS STATE COLLEGIAN

Manhattan City Commission approved the first reading of a charter ordinance to establish the number of candidates necessary to hold a city primary election. Commissioners also passed a resolution to adopt an identity theft program, as required by the Federal Trade Commission. Prior to the special meeting was a work session in which the commissioners reviewed the most recent economic development report. The report is available at Manhattan's official Website, www.ci.manhattan.ks.us. The charter ordinance read Tuesday night changes the number of candidates required for a primary election from seven to 10. Previously, state law allowed only two candidates per available seat. The Manhattan City Commission has three open seats during an election year. The new legislation allows up to three candidates per available seat. That means up to nine candidates are allowed, but once the tenth candidate files, a primary election is required. City Manager Ron Fehr said the ordinance was a request by cities to avoid the cost of primaries, which can cost between \$20 thousand and \$30 thousand for Manhattan. Commissioner Jim Sherow said the additional candidates on the general ballot could skew the commission's view of Manhattan's needs at large by spreading the votes out over nine potential candidates. Commissioner Bruce Snead said he sees how it gets more people with different perspectives involved on issues, but said he understood the validity of Sherow's comments. The commission resolved to approve the first reading of the ordinance 3-1-0 and vote on the second reading on Nov. 4. At the close of the meeting, commissioners said they encourage the public to give input on the issue at the next meeting. The resolution to adopt an identity theft program passed 4-0-0. The program is required by the Federal Trade Commission and formalizes practices that were already in place, said City Attorney William Frost. The program provides guidelines to help creditors catch identity theft by recognizing "red flags," or highly suspicious behavior.



Lisle Alderton | COLLEGIAN
Domanique Johnson, sophomore in pre-psychology and pre-law, gets sweet-talked into kissing a balloon animal by **Abdul Yahaya**, senior in civil engineering, in the K-State Student Union Tuesday afternoon.

Stocks surge as investors hunt for bargains

ASSOCIATED PRESS
NEW YORK — Wall Street had another astounding advance Tuesday, with the Dow Jones industrials soaring nearly 900 points in their second-largest point gain ever as late-day bargain hunters stormed into the market. The Dow and the Standard & Poor's 500 index each shot up nearly 11 percent. There didn't appear to be any one catalyst for the surge that saw the Dow nearly double its gain in the last hour of trading. Many analysts said investors were grabbing up stocks in the belief that Wall Street had fallen too far in recent sessions; the Dow had dropped 500 points in two days. Some said buying early in the day came from anticipation of an interest rate cut Wednesday by the Federal Reserve, and the market just followed its pattern of building on its gains or losses in the last minutes of the session. "There is nothing fundamental that came out today or yesterday that would take it up or down. We're all groping for something meaningful to talk about," said Bob Andres, chief investment strategist at Portfolio Management Consultants. "The market is exhausted from going down." But given the relentless volatility in the market — out of 20 trading days this month, there have been only two that didn't see the Dow close up or down in triple digits — no one expects that stocks are now headed higher for good. After Wall Street's devastating losses that slashed 2,400 points off the Dow in eight sessions, market veterans warned that the recovery would be rocky, including huge gains followed by huge declines. "I don't think it will be a sustained move," said Matt King, chief investment officer at Bell Investment Advisors, of Tuesday's surge. It was clear that investors wanted to buy — they looked past news of a sharp drop in consumer confidence early in the session. The Conference Board said its index of consumer confidence has fallen to 38 in October, well below the 51 analysts expected; with consumer spending accounting for more than two-thirds of economic growth, the reading was the latest in a long line of disappointing data. The market's reaction was notable because it was investors' anguish over a likely recession that had them selling just days ago. But analysts don't necessarily see that change of heart as a sign of health. "I would like to hope that a little bit of fear is being replaced by greed at this point," said Kim Caughey, equity research analyst at Fort Pitt Capital Group.

Carmike Cinemas

DLP CINEMA

SETH CHILDS 12

2610 FARM BUREAU RD. • 776-9886

PLEASE CALL THEATRE OR VISIT US ONLINE FOR MOVIES AND SHOWTIMES

ALL FEATURES INCLUDE PRE-FEATURE CONTENT

www.carmike.com

WEDNESDAY SPECIALS

\$1.00 YOU CALL IT, DRINKS, BOTTLES & SHOTS

\$1.00 BIG BEERS

\$2.00 DOMESTIC PITCHERS

Fats BAR & GRILL

HOME OF THE ORIGINAL FETTERBOWL

COME SPIN THE SHOT WHEEL

Flu Shots

Avoid the flu....

Get your flu shot now!

Thursdays

8:30 am—11:30 am

1:00 pm—4:00 pm

October 30

November 6

November 13

November 20

Wednesday

November 5th (10-2 at the health fair in the Union Courtyard)

Check in at the front desk, Lafene Health Center.

Cost: \$14—Students; \$19—Faculty/Staff

There is a required 20 minute wait after the injection.

For information: www.k-state.edu/lafene/ 785.532.6595

Protect Yourself!

for K-State Students, Faculty, Staff and Their Spouses & Children (18 years and older)

Lafene Health Center 1105 Sunset Avenue 785.532.6544

STAY IN COLLEGE! PAY FOR COLLEGE! FINISH YOUR DEGREE!

If you were to design a public servant from scratch... he'd look a lot like Roger Reitz

Roger brings energy, leadership, experience and a proven record on education to the Kansas Senate.

Join fellow K-Staters in voting for the only K-State graduate in the 22nd District Senate race.

Dalton Henry

Lydia Peele

Senator Roger Reitz

Amy Schultz

Vincent Adams

Brandon Harder

I'd appreciate your vote

www.rogerreitz.org

Paid for by Roger Reitz for Senate. Dustin DeWeese, Treasurer

Roger REITZ

KANSAS STATE SENATOR

EDUCATION CAREER STABILIZATION (ECS): allows soldiers to stay in college and finish their degree while serving in the Army Reserve .

• Get money for college, serve close to home, and not worry about deployment for up to four years

• \$20,000 loan repayment

• Montgomery GI Bill

To find out more, go to www.goarmyreserve.com or call your local recruiter at 785-539-7243.

Manhattan Army Recruiting Station

100 Manhattan Town Center

Suite 545 AR

Manhattan, KS 66502

★

U.S. ARMY

ARMY STRONG.

©2008. Paid for by the United States Army. All rights reserved.

TO THE POINT

Staying alert, aware are best ways to stay safe at college

TO THE POINT is an editorial selected and debated by the editorial board and written after a majority opinion is formed. This is the Collegian's official opinion.

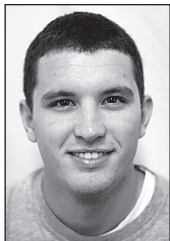
Campuses are laden with statistics and informative pamphlets covering every angle of sexual assault students could encounter during their college career. But all the precautions, warnings, “signs he could be trouble,” and “safe partying checklists” are only two-dimensional suggestions for avoiding two-dimensional creeps. A heightened sense of one’s surroundings is perhaps the most obvious and most forgotten safety measure in the three-dimensional world around us.

And for something new, apply the statistics and consider not only how many rapists you might meet at a bar. How many victims of rape do you interact with every day? No matter the number, students should be just as sensitive to warnings the people around them advertise. Just like rapists, there is a wide variety of rape victims who don’t fit the profile. Students should use their heightened sense of surrounding to pick up on distress signals in a crowded bar just as easily as they can sense something dangerous about a normal looking person.

Distress signals by no means come from victims of rape only. Anyone who expresses unease with the environment around them should not be goaded, but instead accommodated and comforted in an appropriate manner. You wouldn’t encourage a creep just to see what could happen, so don’t continue to verbally assault an uneasy woman with sexual jokes just to make her laugh.

Day \$aved?

Government should not intervene in the economy



TIM HADACHEK

What’s the difference between an economist and the average American? Lipstick?

No, the difference is that the average person has no idea about what’s going to happen with the economy and readily admits it. An economist also has no clue, but he thinks that he does.

And of course, we base the financial stability of our entire country on their advice.

Let’s face it: our economy and the related financial sector are extremely complicated. They are a tangled mess of Fannie Maes, Freddie Macs, ARMs, subprime loans, Dow Joneses, NASDAQs and countless other acronyms – and nobody has any clue about what they mean.

Don’t get me wrong, the science of economics is certainly a valuable one, and I have no doubt the experts in this field have extensive and legitimate knowledge far beyond what most of us can even dream.

But like most things in life, the views of economists are influenced by personal beliefs and biases. Rarely are the leading

experts in agreement on any major economic issue. The result is an inexact science that should be treated more like a weather forecast than a statement of fact.

Take, for example, Alan Greenspan. The former chairman of the Federal Reserve was regarded widely as an economic master during his tenure, guiding the country through two separate economic crises. He was awarded the Presidential Medal of Freedom and even was knighted in the United Kingdom.

Two years after his retirement, however, Greenspan has gone from saint to Satan. “Greenspan’s fingerprints are all over this mess,” according to American Banker magazine about the current financial crisis.

Critiques have even come from overseas. Italy’s Minister of Economy and Finance Giulio Tremonti said, “Greenspan was considered a master. Now we must ask ourselves whether he is not, after bin Laden, the man who hurt America the most.”

Despite all this finger-pointing, Greenspan is just the scapegoat. Yes, even he admits that his world view was “flawed.”

But the real problem is not Greenspan – it is a government that relies too much on the opinions of those who practice an imperfect science.



Christina Klein | COLLEGIAN

Our politicians, of course, know even less about the economy. Senate Majority Leader Harry Reid, D-Nev., said in the aftermath of the financial crisis, “Nobody has any idea what to do.”

At least he was honest. Why should we trust our government to take action to fix things when, by their own admission, they have no clue what they are doing?

So, in a nutshell, our problem is we have economists with a dozen different biased opinions who are advising clueless politicians mainly worried about re-election.

This reason, more than any other, is why the government should stay out of the economy as much as possible. Central planning by the government would be great if someone knew exactly what to do – but nobody does.

The next best thing is the free market, which is imperfect as well, but its mistakes are always corrected on its own, without government intervention.

Tim Hadachek is a junior in political science. Please send comments to opinion@pub.ksu.edu.

‘The Bridge’ promotes suicide awareness

In 2004, 24 people committed suicide by jumping off the Golden Gate Bridge.

Nineteen of these deaths were captured on film, and six were shown in the documentary film “The Bridge,” directed by Eric Steele.

After receiving permits and hiring a crew, Steele set up two cameras at different vantage points that taped the bridge every day for a year.

He interviewed the friends and families of those he witnessed jump to their deaths, witnesses of the deaths and even a survivor.

None of the interviewees or even the bridge officials knew of Steele’s intentions to create the film.

Steele said he didn’t want people to know about the project because of those who would try to have their suicide forever captured on tape.

While it was a bit on the deceitful side, this probably made the documentary more professional.

Every year, approximately 20 people commit suicide on the Golden Gate Bridge, causing it to have the highest suicide rate than anywhere else in the world.

Most don’t survive the 25-story drop, since their bodies typically shatter on contact.

Unlike most suicides, these are done in broad

daylight, with many people around.

Despite the openness of these deaths, many feel the topic is a private matter and shouldn’t be publicized. Because people have this outlook, lives are continuing to be lost.

“I wanted to open people’s eyes,” Steele said in his biography on the movie’s Web site. “I wanted to make people look harder at the world around them, at the relationships that they treasure and the people they are somehow entrusted to care for.”

While he’s not the first to

propose the idea, Steele emphasizes in his documentary the need for a suicide barrier at the bridge, the cost of which totals about \$25 million.

Bridge officials have rejected the idea many times but began looking for funding for the project when Steele’s film was released to the public.

Since its release in October 2006, “The Bridge” has gained many supporters.

Jan Stuart of New York Newsday said the film “deromanticizes the idea of suicide by italicizing it in all its bleak, brutal reality.”

Stephen Holden, New York Times writer, agreed, and said the movie was “one of the most moving and brutally honest films about suicide ever made.”

With as much support as Steele has received, he also has received that much criticism, mostly by people who refuse to view the film.

Many critics say he simply let people kill themselves.

However, he was actually able to save some lives by being there.

If any passerby set down their suitcase, took off their shoes or made a move to climb over the fence, Steele immediately contacted the bridge office.

The bridge officials were able to talk down many of the would-be jumpers. “The Bridge” has been called many things like, “immoral,” “voyeuristic” and “exploitive.”

With suicide rates at an all-time high, it’s amazing that we still consider the topic taboo.

If more people were willing to speak out on the issue, then many more lives could not only be affected but saved.

It seems Steele agrees, which is why I consider his documentary one of the most insightful and educational ever made.



Christina Klein | COLLEGIAN

Amanda Moerlien is a sophomore in English. Please send comments to opinion@pub.ksu.edu.

KANSAS STATE COLLEGIAN

Willow Williamson
EDITOR-IN-CHIEF

Owen Kennedy | MANAGING EDITOR

Jacque Haag | NEWS EDITOR

Sheila Ellis | MULTIMEDIA EDITOR

Daniel Greene | ASST. MULTIMEDIA EDITOR

Sarah Rasmussen | PRESENTATION EDITOR

Matt Binter | PHOTO EDITOR

Sarah Burford | CAMPUS EDITOR

Deborah Muhwezi | ASST. CAMPUS EDITOR

Whitney Hodgins | METRO EDITOR

Corene Brisendine | ASST. METRO EDITOR

Hannah Blick | THE EDGE, FEATURES EDITOR

Megan Molitor | OPINION EDITOR

Scott Girard | SPORTS EDITOR

Brad Dornes | ASST. SPORTS EDITOR

Eric Davis | SPECIAL SECTIONS EDITOR

Jesse Brown | AD MANAGER

DISPLAY ADS.....785-532-6560
CLASSIFIED ADS.....785-532-6555
DELIVERY785-532-6555
NEWSROOM.....785-532-6556

KANSAS STATE COLLEGIAN
news@pub.ksu.edu
Kedzie 103, Manhattan, KS 66506

LETTERS TO THE EDITOR

The Collegian welcomes your letters to the editor. They can be submitted by e-mail to letters@pub.ksu.edu, or in person to Kedzie 116. Please include your full name, year in school and major. Letters should be limited to 250 words. All submitted letters might be edited for length and clarity.

THE FOURUM

785-395-4444

The Campus Fourum is the Collegian’s anonymous call-in system. The Fourum is edited to eliminate vulgar, racist, obscene and libelous comments. The comments are not the opinion of the Collegian nor are they endorsed by the editorial staff.

Fraternities: suppressing homosexual urges in men since 1863.

Hey, Robert, how professional and ethical is it for

you to sit in the back of the Engineering Student Council meeting on your cell phone for two hours?

Robert, you sure have some good professional etiquette.

This morning I actually witnessed the Tri Delt car shuffle. Very impressive.

To the girl in the Bud Light commercial: will you marry me?

Hooray, the Internet.

I never thought I’d be so happy to see the Cox Man.

Cox Communication drivers can’t park.

The bakery boy, no.

To the gorgeous Derb Bakery boy: it’s 2 pounds, and counting.

Will someone please explain why we have an exploding library?

To my roommate: just thought I’d let you know, I do it in your bed.

I love starting my day by walking down the street on the east side of campus and seeing all the illegally parked

cars with tickets in their windshields.

I saw a guy wearing flip-flops today. I guess some people are just committed to being douchebags.

Me and my friend finally figured out why eskimos dress the way they do. It’s the drugs.

If you’re a stupid person who can’t control his right foot and talk on his cell phone at the same time, just get off the road.

Hey, Collegian, next time you include a picture of the

power plant, make sure it’s a picture of the coal power plant and not the nuclear reactor.

Hey, brown-headed Dutchman, this is the blonde-headed Swede, and your momma taught me a few things last night, eh?

Hello, Christmas sweaters.

What are you guys smoking? That’s a smoke stack, not a nuclear reactor.

Hey, Fourum, your mama’s so fat, she’s got more chins than a Hong Kong phone-book.

That is not how you play waterfall.

To the person that put the Circle of Death rules in the paper, you’re completely wrong.

Can we have the same homecoming partners next year? We love our Tau boys.

To the guy from TKE with the big afro, you are awesome, but not as awesome as those big sideburns you have.

To the hot football player in my Ag Orientation class: you’re sexy.

Rape victims tell their story

Rape is a word no one likes to say. Sometimes the words “sexual assault” come out of my mouth when I mean rape. I guess saying the word itself hurts.

In the most important ways, rape is not sexual. It is an internal battering. It is a theft of power, of trust, and of something ineffable – too hard to explain with words. If you are a man, imagine being drugged by a stranger or being forcibly held down by five big men who then may choose to batter you inside and out. A certain amount of cheering and enjoyment is expressed with each punch, kick, or stab (with an infected knife). One K-Stater, a victim of the so-called “serial rapist,” was a virgin when she was raped. I told her I believe that she is still virginal. She knows nothing of warm sexuality, of making love. Someday she will be transformed, sun-bleached clean. It takes longer to recover from this kind of emotional battering than a near-death physical beating.

I admire so much those women who tell their stories. They do it so those who don't understand might take a bit more care. It is so difficult to tell the police! It is so hard to tell your friends or teachers or landlord or doctor! The thought of inflicting such pain on your mother – your father! Impossible. “Maybe I will tell a counselor, or an advocate,” one thinks, and soon the recuperation begins.

Being raped by a friend or boyfriend or family friend is a nightmare I hear from dozens of K-State students each year. That first healthy psychological structure of trust, upon which personal autonomy, industriousness and initiative are built, is lost in a moment of forced power. It is a different individual who must find their way back. On the same token, if a rape victim does the right thing and turns to law enforcement and medical personnel for help only to be humiliated and dismissed, a shocking reassessment of reality occurs. Am I living in a nightmare?

Read these narratives, related by your own classmates, and realize it might have happened to the student sitting next to you. Take care of each other.

— **Mary Todd, sexual assault advocate and director of the K-State Women's Center**

Michelle regained control of life after rape, began using her experience to help others

Crystal forced to deal with her recent rape, attempting to rebuild her life after experience

By Whitney Hodgins
KANSAS STATE UNIVERSITY

Not even the district attorney would waste time giving 14-year-old Michelle Painter a fair trial. He fanned the flames of worst-case scenarios by describing how some rape victims who seek legal justice from their assailants are treated in a typical courtroom.

“They will make you go through every gruesome detail in front of tons of people you don’t know, and they make you out to be the bad person,” he said, then reminded Michelle that she had no legal evidence to defend her claim with.

After being denied legal support at such an integral level of recovery for rape victims, Michelle was hesitant to reach out for help.

“It’s really hard to come out and say what happened right when it happened because you’re terrified. You’re terrified because you don’t know what he’s going to do and you don’t know if people are going to believe you.”

“He” had been a life-long family friend close to her age. She knew telling her parents what he had done meant destroying another chapter of her life and ruining the strong friendship her family shared with his.

“Even though I was the victim, I was terrified to hurt my family by telling them what happened. I didn’t know what they would do or if they would believe me.”

With only one close friend to confide in, Michelle tried to cope with night terrors, depression and panic attacks on her own for more than a year before she told her parents she had been raped.

In an unconscious effort to regain some sort of control over her life, Michelle said she over-regulated her diet and eventually developed an eating disorder that took years to conquer.

“I felt like I had no control over anything else. I had no control of when we were together after what happened, and seeing the way he looked at me from across the




Photo illustration by Chelsy Lueth | COLLEGIAN

City Park is the final destination for Take Back the Night, an annual nighttime march organized by Ordinary Women to symbolically repossess any public area near which a woman has been raped. This woman poses next to the park to acknowledge rape victims as survivors.

By Whitney Hodgins
KANSAS STATE UNIVERSITY

Crystal thought she was on the way to a hospital when paramedics whisked her bleeding body away in an ambulance.

Instead, the blaring sirens escorted her to a Missouri jail, where police locked her in a detention cell. Time was relative; her body had already gone into shock as she suffered the after effects of a date rape for hours and what might as well have been days.

Police assumed Crystal was too intoxicated to realize she was being swept under the carpet. Only at the insistence of a female officer was she taken to a hospital, where she was quickly examined to collect biological evidence and tested for STDs. Nurses lied about the amount of time needed to determine results of the STD test and also failed to provide her with contact information she could call from home to discuss the results. When she refused the dirty wad of clothes she had been wearing, nurses threw them away. One step on the trash pedal threw all remaining evidence of Crystal’s rape into the trash.

Then the final insult – a counselor gave her pamphlets about domestic violence.

“I kept telling her it wasn’t a case of domestic violence,” Crystal said. “I’m not a stupid girl. I told her my boyfriend was at home with my kids.”

Crystal still hasn’t received the test results, but she did get a bill for the tests in the mail.

When she got home, depression and anxiety inevitably tightened their grip on her conscience and served as painful roadblocks that threatened her GPA in animal sciences.

A yoga class she enrolled in to help her relax was scheduled in the evenings, for example, when parking lots were full. The thought of walking alone in the dark was enough to keep her at home.


Counseling she received from English and Counseling Services and a clean bill of

See MICHELLE, Page 10

See CRYSTAL, Page 10

Are YOU considering a Graduate or Professional School program in any of these fields?

- Medical School
- Law School
- Physical Therapy
- MBA



- Social Welfare
- Chiropractic College
- Nursing School
- Pharmacy

Meet Program Representatives: **WEDNESDAY, OCTOBER 29, 2008**
11:00 AM - 3:00 PM
K-STATE STUDENT UNION BALLROOM

Meet the Author of: **Road Map for Graduate Study**
Presented by:
Dr. Donald C. Martin
WEDNESDAY, OCTOBER 29, 2008
10:00 AM - 11:00 AM - 12:00 PM - UNION COURTYARD
3:15 PM - K-STATE STUDENT UNION BALLROOM

You will get information on:

- * 3 Major Myths about going to grad school
- * The biggest mistake potential grad students make
- * How to respond if wait listed or denied
- * How to make your enrollment decision
- * PLUS MUCH MORE!!!

Career and Employment Services
Guiding You Through College and Beyond
Kansas State University, 100 Hilde Hall
785.532.6562 | www.k-state.edu/ces

The Office of Student Activities and Services offers:

Free Consumer & Tenant Advice



The Consumer and Tenant Affairs Office provides information on landlord/tenant rights and responsibilities and aids in the resolution of consumer complaints regarding products and/or services. Brochures regarding landlord/tenant and consumer issues are also available.

Consumer and Tenant Affairs Office

Appointments Available Daily
Call 532-6541 to make an appointment.

WANTED:
Somebody responsible who believes they'll make a great
Editor in Chief

Spring 2009

Applications due 4 p.m., Nov. 14
Interviews will be held Wednesday, Nov. 19

Pick up an application and job description in Kedzie 103.

KANSAS STATE COLLEGIAN

A BETTER CHOICE

DEE MCKEE

FOR KANSAS HOUSE, 66TH DISTRICT



EDUCATION

Dee McKee knows children are the key to our future. As a career educator and advocate of lifelong learning, Dr. Dee has the background to ensure our schools lead the nation in academic excellence while fighting to guarantee education dollars make it to classrooms and student programs where they belong.

ECONOMIC DEVELOPMENT

As a former county commissioner, Dee McKee worked to expand business opportunities and job creation by lowering the tax burden and creating avenues for business expansion. Dee is endorsed by both the Kansas Chamber of Commerce and the Kansas Farm Bureau.

ENERGY DEVELOPMENT

Keeping the lights on means more than being able to see for Dee McKee. It also means keeping energy costs affordable for all Kansans by supporting base-energy expansion to back-up development of renewable resources. As an ag leader, she is also a champion of protecting our state's environment and natural resources.

EFFICIENCY IN GOVERNMENT

Dee McKee believes just like any Kansas family facing a tight budget, state government must tighten its belt and do more with less. She will work to limit government's growth; continue to cut down on wasteful, unnecessary government spending; and let you spend your earnings on what you choose.

"Dee McKee is a leader Kansans can be proud to support. I have worked with Dee on many issues that have made a real difference for Kansas families. I am pleased to endorse her for the Kansas House."

-U.S. SENATOR PAT ROBERTS."

Paid for by Dee McKee for KS House 66th District, Mark Skochdopole Treasurer, P.O. Box 69, Manhattan, KS 66506

HALLOWEEN SPECIALS

ALL DAY AND ALL NIGHT, FRIDAY OCT. 31

 **BOWLING \$1.75 PER GAME**

 **COME PLAY IN COSTUME AND RECEIVE A FREE HALLOWEEN TREAT!**

 **BILLIARDS \$2.50 PER HOUR**

 **Rock'it Bowl Starting at 10:30pm**

 **GOLF \$4.00 PER HOUR**

 *** coupons & other discounts not accepted**

 **\$1.00 DRAWS**

 *** strike out, rerack and come back punches not applicable.**

 **\$1.00 LARGE SODAS**

 *** All products & services subject to sales tax**

Happy HALLOWEEN!

"Where Friends Play Together"

www.union.k-state.edu/recreation
785.532.6562

HALLOWEEN COSTUME CONTEST

\$1,000

GRAND PRIZE

Wednesday October 29th



LAST CHANCE SALOON

Sign up starts @ 8:00 p.m.

SPORTS

KANSAS STATE COLLEGIAN

PROFESSIONAL SPORTS

WORLD SERIES GAME 5 MIGHT RESUME TONIGHT

PHILADELPHIA – The World Series won't resume until Wednesday night at the earliest. With rain still falling in Philadelphia, Major League Baseball decided not to attempt to complete Game 5 between the Phillies and Tampa Bay Rays on Tuesday night. The completion of the game tentatively was scheduled for 8:37 p.m. Wednesday.

“While obviously we want to finish Game 5 as soon as possible, the forecast for today does not allow for us to continue the game this evening,” commissioner Bud Selig said. “We are closely monitoring tomorrow’s forecast and will continue to monitor the weather on an hourly basis. We will advise fans as soon as we are able to make any final decisions with respect to tomorrow’s schedule.”

The game, played in increasingly heavy rain, was suspended Monday following a 30-minute delay with the Phillies and Rays tied 2-2 after 5 1/2 innings. It was the first time a World Series game that began wasn’t played to completion on the same day.

Philadelphia leads the Series 3-1 and is hoping to close out its second title, its first since 1980.

Carlos Pena hit a tying, two-out single in the sixth for the Rays, and the umpires called it moments later. By then, every ball and every pitch had become an adventure because of the miserable conditions.

“The infield was tough. The ball would do funny things,” Phillies second baseman Chase Utley said. “It was in bad shape. It was not playable.”

If Pena had not tied it, Selig said he would not have let the Phillies win with a game that was called after six innings.

“It’s not a way to end a World Series,” he said. “I would not have allowed a World Series to end this way.”

MLB changed its rules on suspended games in November 2006, adding a provision to resume them rather than replay them. In either case, this would have been a suspension because the visiting team tied it in the top of an inning and the home team never got to bat in the bottom half.

CHIEFS’ JOHNSON WON’T PLAY FOR NOW

KANSAS CITY, Mo. – Kansas City running back Larry Johnson, already facing possible suspension by the NFL, was charged Monday with simple assault for spitting his drink in a woman’s face.

Several hours later, the Chiefs indicated the two-time Pro Bowl running back would not play for the foreseeable future.

The charge is the second such count the former Pro Bowler is facing.

Kansas City police spokesman Darin Snapp said Johnson turned himself in and was released after posting a \$500 bond.

Simple assault is a municipal charge, similar to a traffic ticket, and carries a maximum penalty of a \$500 fine and 180 days in jail. But the two-time Pro Bowler, who signed the biggest contract in Chiefs history about 15 months ago, could be in much deeper trouble with the league.

This is the fourth time in five years he’s been accused of assaulting a woman and

Looking up



Photos by Jonathan Knight | COLLEGIAN

Mitchell Gregson hits a shot on the front nine at Colbert Hills Golf Club Sept. 23 during the Jim Colbert Intercollegiate. The K-State men's golf team finished second Tuesday at the Herb Wimberly Intercollegiate, marking their fifth straight top-5 finish of the fall season.

Wildcats finish 2nd at tournament to red-hot New Mexico State

By Blake Thorson
KANSAS STATE COLLEGIAN

The K-State men’s golf team continued its solid play this year at the Herb Wimberly Intercollegiate Monday and Tuesday but they could not keep pace with red-hot New Mexico State on its home course.

The Aggies fired an incredible 10-under par team score Tuesday to finish eight shots ahead of the Cats, who finished in second to mark their fifth straight top-5 finish of the fall season.

The Wildcats, who rank 44th nationally, came out of the gates sluggish in round one, firing a 12-over 296, but they recovered to card a solid 4-over 288 in round two, which tied them for third heading into Tuesday. The consistency continued Tuesday as all players accounting for the four-man team score were at 1-over par or better.

It wasn’t enough though, as New Mexico State roared back from seventh place to capture the team title. The Aggies received stellar play top to bottom as well, including a 5-under 66 from individual champion Travis Reid and an improbable 6-under 65 from Kevin Lozares who was 15-over heading into Tuesday. Lozares

carded the low score of the day.

Wildcat Senior Robert Streb, who ranks 54th in the NCAA, finished tied for 12th with a 1-over 214 on the tournament. Junior Mitch Gregson carded a 2-over 215 to finish in a tie for 15th. Sophomore Kyle Smell, making his first trip with the travel team, fired a 7-over 220 which placed him tied for 36th. Next for K-State was sophomore Ross Geubelle, who shot a 9-over 222 to place him in a tie for 43rd. Rounding out the Wildcat squad was sophomore Jason Schulte who carded a 10-over 223 to finish tied for 49th.

“Can’t be disappointed with a second place finish,” coach Tim Norris said. “New Mexico State on their home golf course is pretty tough.”

Norris said he was also pleased with the play from top to bottom of the Wildcats.

“The guys seem to be playing really well, really good contributions from everyone this week,” Norris said. “We hope to keep the momentum going for the last event of the fall.”

K-State will finish its fall tournament schedule next Monday with a trip to Stockton, Calif., for the Pacific Invitational at Brookside CC.



Robert Streb drains a putt on the 9th green during the Jim Colbert Intercollegiate Sept. 23. Streb finished tied for 12th Tuesday at the Herb Wimberly Intercollegiate.

VOLLEYBALL

Cats going for another sweep

Staff Report
KANSAS STATE COLLEGIAN

Success hasn’t come easy for the K-State volleyball team in recent weeks.

Since Sept. 27, the No. 16 Wildcats (18-4, 8-3 Big 12 Conference) have won six of eight matches, but only one of those victories came in the form of a sweep.

Two of those wins came after K-State’s opponent extended the match to a fourth game, and the remaining three were extended to the maximum five games. Aside from a 3-0 win over Texas Tech on Oct. 18, the Wildcats haven’t swept a match since Sept. 24 at Texas A&M.

K-State will try to repeat their strong performance against the Aggies (10-11, 5-6 Big 12) when the two squads face off tonight in Ahearn Field House. Head coach Suzie Fritz, who earned her 165th career win at Baylor on Saturday, enters the match just three victories shy of the school’s all-time record.

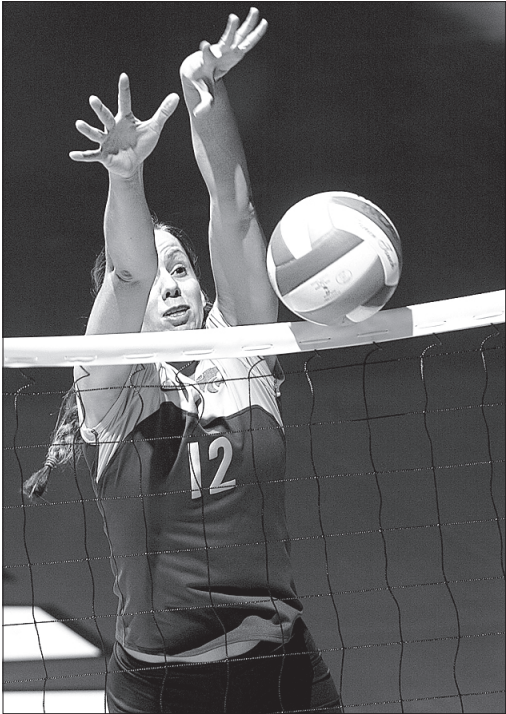
As difficult as things have been for the Wildcats, they have been harder for Texas A&M. The Aggies have played a total of 11 extended matches this season, including five that were

extended to five games. In all, Texas A&M has posted a 6-5 season record in matches longer than three games. K-State has an advantage, as the team has gone 10-3 in extended matches this year.

The Aggies have been led this season by junior outside hitters Mary Batis and Sarah Ammerman. The scorers are averaging 3.4 and 3.03 kills per game, respectively. The Wildcats will counter with a pair of senior outside hitters – Rita Liliom and Nataly Korobkova – who are averaging 4.14 and 3.2 kills per game. Senior middle blocker Megan Farr has also been dependable, as she is averaging 1.82 kills and 1.16 blocks per game while maintaining a .399 hitting percentage.

Wednesday night’s showdown will mark the 27th meeting between the two squads. K-State holds a slim 15-11 all-time series lead, but the numbers aren’t nearly as balanced when it comes to matches in Manhattan. Since the inception of the Big 12 in 1996, K-State has gone 11-1 against the Aggies in Ahearn Field House.

For fans who want to watch the match but cannot attend, action will be broadcast on FSN Kansas City. First serve is set for 7 p.m.



Jonathan Knight | COLLEGIAN

Wednesday’s showdown will mark the 27th meeting between K-State and Texas Tech.

Prince needs to stop settling on mediocre recruits with no other offers from schools



JON
GARTEN

Many Ron Prince critics want to make a big deal about the state of his football team this year. But what about the future?

The Wildcats have 10 commitments for their

2009 class. None of those recruits have scholarship offers from another BCS school. Only two of K-State’s committed players, Andre McDonald and Michael Bowie, have scholarship offers from a non-BCS school, both from Tulsa.

According to *Scout.com*, the Wildcats’ 2009 recruiting class is ranked 86th in the country. That is worse than every BCS university except Syracuse, which is 1-6 this year.

K-State is getting out-recruited by traditional bottom feeders like Temple

and Louisiana-Monroe. The Wildcats are even doing worse than Washington, a school that fired coach Tyrone Willingham after the team’s 0-7 start.

Now, K-State still has about 15 available scholarship spots and could finish much higher in the recruiting rankings. We could also give Prince the benefit of the doubt and say maybe he’s just good at finding talent that other coaches might have overlooked.

Still, there is no reason for Prince to sign this many players whom no other

BCS coach wants. He has months to fill out the recruiting class.

Two of the K-State commits, Richard Evans and Kadero Terrel, have not had significant affects on their respective junior college teams this season. There is no reason to offer scholarships to players like that. There is a good chance Prince could get a player like that to walk-on.

Would it make sense for a college graduate to settle on the first entry-level job that any recent grad could get? Of course not.

You should always try

to find the best possible job. There are plenty of entry-level jobs out there. You should not settle for something that will be available later.

Also, I doubt Prince has proven himself to be a guru when it comes to recognizing talent that other coaches might overlook. If you look at most of the Wildcats’ good players, they are players who had offers from other schools.

Prince needs to be more patient with his recruiting. He needs to evaluate these players during their senior

seasons of high school.

There’s no reason for the Wildcats to offer right away, especially when they’re the only team interested. Chances are, that same player, or a similar one, will be around a few months from now.

Whatever the case, if Prince can’t turn around his recruiting, there’s very little hope for him turning around the Wildcats.

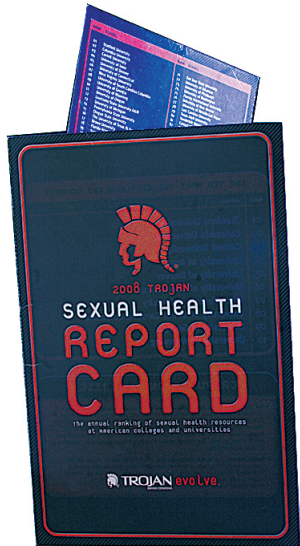
Jon Garten is a senior in print journalism. Please send comments to sports@spub.ksu.edu.

THE EDGE

KANSAS STATE COLLEGIAN

WEDNESDAY, OCTOBER 29, 2008

PAGE 8



A+ B
F C
D+

By Sydney Eagleton
KANSAS STATE COLLEGIAN

The 2008 Trojan Sexual Health Report Card was released recently, and out of 139 American colleges and universities, K-State was ranked No. 84.

The rankings are based on 13 different categories, including student opinion of their school's health center, HIV testing at cost and sexual assault programs.

"We sent out questionnaires to the student health centers to provide us with information," said Bert Sperling, president of Sperling's BestPlaces, the independent research company that put the report card together. "We looked at the Web sites of the student health centers and looked at 13 different categories."

Though K-State ranks in the lower half of the schools reported on this year, it was ranked No. 44 in 2007.

Many schools dropped in ranking this year because of "the expansion of criteria and information gathering, primarily surrounding student responses," according to a press release on the report card.

K-State's Sexual Health Awareness Peer Educators are working to increase students' sexual health education; they are available to do presentations for classes, clubs, residence halls and greek houses, said Daniel Spachek, vice president of SHAPE.

"I know Lafene [Health Center] is very active in peer educators, and I know those students do a great job," said David Thompson, instructor in family studies.

Thompson said he has invited SHAPE members to speak to his classes before and said any professor can have the Peer Educators come to a class.

There have been overall improvements among all schools.

For instance, students on many campuses said they think their student health centers have improved since last year, according to the report card.

"I've always found the people at Lafene willing to answer questions," Thompson said.

There are also steps that students can take to improve K-State's overall sexual health, Spachek said. For example, they can talk about sex more openly and be more willing to listen to the message that SHAPE is trying to spread across the K-State campus.

Peer outreach groups like SHAPE are what the report card suggests could help K-State increase its sexual health awareness.

The top-ranked schools were graded well because they provide comprehensive resources and information to their students, Sperling said.

"[Top-ranked schools] have a Web site that is usable and provides a lot of information," Sperling said. "The services they provide in their health center are far reaching, and also the students have a high opinion of the health center."

K-State, however, was given particularly low rankings in a few areas, which caused the grade drop.

While K-State's Web site usability was average, there were resources missing, like information on HIV testing and contraceptives. And no advice column was available to students, Sperling said.

To combat this, Spachek said SHAPE sponsors condom tables every other week in the K-State Student Union.

They also offer free information on sexual health at the table for students to take.

However, there are still areas of K-State's sexual-health education that need improvement, like a better way to reach the student population, Spachek said. The report card and Spachek both cited a regular sex column as a way to educate K-State students.

"K-State ranked a little below average as far as student responses in questions that we asked students," Sperling said. "Like 'Would they consider contacting the health center with questions? Do they do a good job of providing services?'"

Regardless of the ranking, Thompson said he thinks K-State is doing a good job in terms of sexual-health education.

"I truly do not think that K-State deserves to be so poorly ranked," Thompson said. "In fact, I think K-State is doing a lot of things right."



Photo by Matt Castro | COLLEGIAN

Aaron Lambert, freshman in business administration pre-professional, asks questions in Bosco Student Plaza about this year's SHAPE T-shirt. Last year's T-shirt stirred up questions regarding the use of Willie the Wildcat.

THE STUDENT HEALTH CENTERS WERE GRADED ACROSS 13 SEPARATE CATEGORIES FOR THE 2008 SURVEY:

1. Student opinion of health center
2. Hours of operation
3. Allow drop-ins, require appointments
4. Separate sexual awareness program
5. Contraceptives, free or at cost
6. Condoms, free or at cost
7. HIV testing (on/off campus, at cost)
8. STD testing (on/off campus, at cost)
9. Anonymous advice via e-mail/column
10. Lecture/outreach programs
11. Student peer groups
12. Sexual assault programs
13. Web site usability, functionality

-2008 Trojan Sexual Health Report Card

BIG 12 SCHOOL RANKINGS (out of 139 schools)

- University of Nebraska, 37
- University of Colorado, 42
- University of Kansas, 48
- University of Missouri, 64
- Oklahoma State University, 67
- Texas A&M University, 79
- K-STATE, 84**
- University of Oklahoma, 92
- University of Texas, 93
- Iowa State University, 96
- Texas Tech University, 123
- Baylor University, 134

-2008 Trojan Sexual Health Report Card

TOP 10 MOST SEXUALLY HEALTHY SCHOOLS

1. Stanford University
2. Columbia University
3. Cornell University
4. University of Iowa
5. University of Denver
6. University of Connecticut
7. West Virginia University
8. University of South Carolina-Columbia
9. University of Georgia
10. University of Wyoming

-2008 Trojan Sexual Health Report Card

For the complete list of colleges and universities that were ranked, visit www.kstate-collegian.com for a link to the report card.

To learn more about getting involved in SHAPE, visit their Web site at www.k-state.edu/lafene/SHAPE.

STREET TALK

WHAT DO YOU THINK ABOUT K-STATE RANKING NO. 84 OUT OF 139 ON THE SEXUAL-HEALTH REPORT CARD AND HOW COULD K-STATE IMPROVE SEXUAL-HEALTH AWARENESS ON CAMPUS?



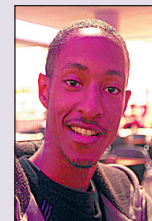
Adam Gobbler, senior in family studies

"That's higher than I thought it might be. I've been here for a few years and I've never seen any condom handouts or anything. I mean, maybe they do them and I've just never seen it. K-State should look at what the top schools do and copy that."



Randi Black, freshman in family studies

"I think [SHAPE] did a really good job educating us at the beginning of the year. They came to the [residence halls] and handed out condoms and talked about sexual health."



Hil Alcee, senior in finance

"[K-State] should work to be ranked higher than that. I think everyone should be more educated on sexual health, and [K-State] should do a better job paying attention to it."

Compiled by Hannah Blick

Tina Fey's writing is right on the spot on '30 Rock'



ERIC DAVIS

Q: I've been hearing a lot about the NBC show "30 Rock." What do you know about it?

A: Tons. I love that show. It's smart. It's funny. It's, in a word, incredible.

It begins its third season Thursday and airs after "The Office," another great show on NBC.

The show, whose lead writer is Tina Fey, is about what goes on behind the scenes of a fictional sketch comedy show called "TGS with Tracy Jordan."

An important fact to remember is that while this show is about writing for a sketch comedy show, it is not a sketch comedy show. Primarily, it is a sitcom, but there are clips from the sketches the show produces.

Tina Fey was once a lead writer for SNL, so the situations encountered in the show are probably not far off from what real-life writers go through every day.

Also, the show is written very well. A few semesters ago I took a screen-writing class, and we studied Fey's writing.

Technically speaking, her writing is spot on. However, just because her writing is technically good, doesn't make it funny and vice versa. Fey understands the rules and follows them perfectly in her show.

Another outstanding aspect of the show is the actors.

Fey plays the single, sexually frustrated lead – Liz – who tries tirelessly to hold the show together, which proves to be a difficult task given the other characters on the show.

Tracy Morgan plays the lead of "TGS" and is constantly trying the patience of the rest of the staff. My personal favorite Tracy moment is when he dresses up as Oprah. He nails the impression, as if the idea of him dressing up as Oprah isn't good enough.

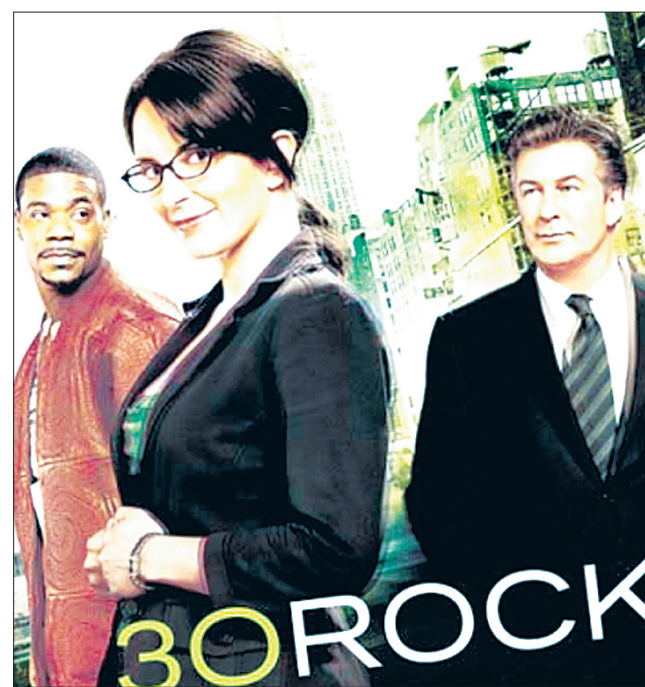
The other main character, Jack Donaghy, is played by Alec Baldwin. If there are roles people were born to play, Baldwin was born to play Jack.

With his staunch Republican views and his undeniable work ethic, Baldwin's portrayal of Donaghy is flawless. Their pinnacle performance also comes in the first season when Liz asks Jack to act in a sketch for the show. Liz has second thoughts after she sees what kind of an actor Jack really is.

The other characters are also very put together and hilarious, and there is very little in the show that happens by accident.

If you like comedy and have a few extra minutes after watching "The Office" on Thursday, stay on the couch and check out "30 Rock." You won't be upset that you did.

Eric Davis is a fifth-year student in print journalism. Please send comments to edge@pub.ksu.edu.



The third season of "30 Rock" premieres Thursday on NBC at 8:30 p.m.

Photo Courtesy of NBC.com

A world map with a grayscale color scheme. Landmasses are white, and oceans are dark gray. Country borders are outlined in thin white lines. Four cities are highlighted with a dot and a label in a light gray box: CARACAS in South America, PERUGIA in Europe, BAGHDAD in the Middle East, and BEIJING in East Asia.

—The Associated Press

Advertise
in the
118 KEDZIE • 785-532-6560
KANSAS STATE
COLLEGIAN

Michelle | President of W.A.R. empowers others

Continued from Page 5

dinner table, only the two of us knowing what he did.”

Instead of locking her emotions in the past, Michelle appreciates the hindsight she has gleaned from years of personal recovery.

“Knowing then what I know now, the first thing I would do is go to the hospital and go to the police. But being so young and afraid I didn’t even know the hospital was an option. I don’t regret my decision to keep silent because at the time I was too young to know options existed. I only knew rape was a crime and that he hurt me. I was innocent and he stole that from me.”

Not until she set-

tled into life at K-State did she begin to let her guard down.

“I still think of rape every day, but not necessarily in the context of it hurting me anymore. That’s really important.”

Eight years after her attack, Michelle has climbed the ranks to become the president of Wildcats Against Rape. She encourages women to refuse to live with regrets and to seek out the education they need to defend themselves from predators.

“Helping, being proactive and educating people about sexual assault is really important and helps to process any feelings they might have, which can take

years to do. This happened when I was 14. I’m 22 now, and it still affects me.

“The positive thing about this horrifying experience is knowing that because of what happened to me, I can understand and help others who have experienced similar terrorizing attacks. I can empathize with rape victims, women who suffer from eating disorders, depression, and anxiety, and be able to tell them that they too can overcome and feel happy again; they too can live their lives in peace knowing they are strong and courageous women who have survived a battering of the most sacred gift they have.”

Crystal | Woman experience scorn in courts after rape

Continued from Page 5

“Had I dealt with it when it happened I wouldn’t be trying to make up my classes and apologizing to my teachers,” she said. “I saw what happened when I didn’t take care of it.”

In so many words, Crystal needs to help other women protect themselves from injustice after injury.

The news depresses her.

“Every time I pick up the Collegian one or two more girls have been raped,” she said. “It brings back everything that happened.”

What would have caused no more than a blip on the front page of the Collegian was a life-changing event for Crystal, who represents the minority of women who report rape and the majority of women who are scorned by the justice system after it. The two demographics are not mutually exclusive.

“The most important thing to do is to acknowledge that it happened,” she said. “I don’t see myself as a victim anymore.”

Rec offers community workshops to students

By Jasmine Wilcoxson
KANSAS STATE COLLEGIAN

Looking for more ways to stay healthy and fit? Beginning on Nov. 4, a nutritional program called “Hungry for Healthy Lifestyles” will be held at the Peters Recreation Complex on Tuesdays and Thursdays from 5:15 p.m. to 6 p.m.

The program will discuss topics dealing with making healthy food choices, maintaining healthy habits, eating emotionally, eating for prevention, feeding your family nutritious meals, dealing with eating disorders, and cooking healthily.

To sign up for “Hungry for Healthy Lifestyles” go to the administrative office at the Rec. The registration fee is \$40, and these classes are limited to 35 participants. The last day to sign up is Oct. 29 or until the class is filled.

The Rec is also offering a class just for women. The Wildcat Personal Trainers will host the “Healthy Women Workshop,” from 1:30 p.m. to 2:30 p.m. on Nov. 8 at the Rec. At the workshop, women will learn weight-lifting techniques and their health benefits.

The workshop is free to all K-State students and community rec members. The deadline to sign up is Nov. 7.

Follow the leader

Brandon Bayless, senior in business management, and **Adam Lundine**, junior in music education, perform “Heads Up” in All Faiths Chapel Tuesday night. Bayless and Lundine are part of the K-State Saxophone Ensemble.



Photo by Sara Manco
COLLEGIAN



Don't want to see
YOU
on page 2.

BE RESPONSIBLE

We Kick Ads!

785.532.6560

RUSTY WILSON for SENATE
NEW ENERGY



RUSTY WILSON

“The 2008 legislative session was the most unproductive in decades. The old ways aren’t working. I offer new energy and a proven ability to get things done.”

- A steady hand in shaky times
- Proven leadership
- Business skills to make the right decisions
- Will listen and represent ALL the people

www.RustyforSenate.com
785-341-5734

Paid for by Rusty for Senate, Julie Clark, Treasurer

Halloween Costume Contest

Thursday October 30th
Starts @ 10pm
Sign-up @ 9pm

\$500 1st prize
\$2 Bottles, Wells, and Shots



**TUBBY'S**
Sports Bar

SYDNEY CARLIN
STATE REPRESENTATIVE
66th DISTRICT
Paid for by the Committee to Re-Elect Sydney Carlin, John E. Carlin, Treasurer


MYSTERY FANS!
Don't miss
THE GREAT MANHATTAN MYSTERY CONCLAVE!!
Oct.31-Nov. 2, 2008 at the Holiday Inn
FREE discussion panels and author signings!!
GREAT student discounts on workshops!!
Register for everything or pick individual events!
Get info at
www.manhattanmysteries.com
or inquire at:
Clafin Books and Copies
1814 Clafin Rd., Manhattan, KS 66502
(785) 776-3771 www.clafinbooks.com

Trick or Treat
your friends
with a Halloween personal ad

only **\$4**

Complete this form and bring it to Kedzie 103 or kstatecollegian.com. Enter category 031 Halloween Personals. Limit your message to 20 words. Only first names will be printed in the ads. Ads will run in the Collegian Oct. 31. Deadline to purchase your ad is noon, **Thursday, Oct 30.**

Your name: _____ ID: _____
Phone number: _____
E-mail address: _____
Address: _____
Your message here: _____



CLASSIFIEDS

WEDNESDAY, OCTOBER 29, 2008

To place an advertisement call
785-532-6555

PAGE 11

KANSAS STATE COLLEGIAN



110 Rent-Apt. Unfurnished

1203 THURSTON, one-half block to K-State, new luxury two-bedroom apartment, washer/ dryer, private parking, security lighting, \$775/ month, January lease, no pets, 785-539-0549.

Advertise Call
785-532-6555

110 Rent-Apt. Unfurnished

NEXT TO campus. One and two-bedroom apartments/ houses. Washer/ dryer, private parking, no pets. Available now. 785-537-7050.

RENT NEGOTIABLE 610 Vattier, four-bedroom, two bath, washer/ dryer, near KSU. 785-776-2102, wilksapts.com.

120 Rent-Houses

FARM HOME plus 20 acres. **Livestock facilities.** Fifteen miles from campus. 785-539-5778.

Campus Phone Book
Get it
in Kedzie 103.
Mon.-Fri. 8 a.m.-5 p.m.

120 Rent-Houses

FOUR-BEDROOM HOUSE near campus. Corner lot with off-street parking. Air-conditioning, washer/ dryer, dishwasher and all other appliances included. 1500 Hartford. Available **November 1**. 785-449-2181 or 785-458-2005.

310 Help Wanted

PART-TIME TELLER: KANSAS STATE BANK Ideal candidates for this position at our downtown branch meet the four Ps: professional, personable, 10-key proficiency, previous bank or cash-handling experience. Hours: 11:30 a.m. to 6:30 p.m., Monday- Friday and 7:45 a.m. to 12:30 p.m. Saturday. Excellent benefits. Please send resumes to: jobs@kansassstatebank.com. Equal Opportunity Employer.

SANTAS AND crew needed at Manhattan Town Center for Christmas photo promotion. Excellent pay. Call Becky at 1-800-422-8967.

SURVEY TAKERS Needed: Make \$5- \$25 per survey. GetPaidToThink.com.

WEBSITE MARKETING Internship: GTM Sportswear is looking for two interns to join our website marketing team. This is an excellent opportunity for marketing and advertising majors who have an interest in website development to get hands on experience in the web world. Sophomore or Junior level is preferred. Letters of interest explaining why you should be hired and availability should be emailed to recruiting@igtm.com. Please go to www.igtm-sportswear.com for the full description of the internship.

WILDCATSNEEDJOBS.COM. PAID survey takers needed in Manhattan. 100% free to join. Click on surveys.

LOOKING FOR bartenders and servers. Part-time nights and weekends. Customer friendly. Apply at Fast Eddy's Billiards Aggieville.

MAKE UP to \$75 per online survey at www.cashtospend.com.

MANAGER NEEDED for progressive retail and rent to own store. Send resume to atulhouse@twinvalley.net

PART-TIME JANITOR. Seeking a dependable individual for commercial building cleaning. Flexible scheduling for students with competitive rates. Looking to fill evening and weekend positions. For more information, contact Jeff at 785-341-0462.

HOWE LANDSCAPE INC. has several positions available for our landscaping, irrigation, and moving/ maintenance crews. This is for full-time and part-time help, with flexible schedules for students, preferably four hour blocks of time. Applicants must be 18 years of age and have a valid driver's license. Starting wage is \$8.25/ hour. Apply three ways, in person Monday- Friday at 12780 Madison Road in Riley; call 785-776-1697 to obtain an application; or email us at askhowe@howeland-scape.com.

EARN EXTRA money. Students needed as soon as possible. Up to \$150 per day being a mystery shopper. No experience required. Call 1-800-722-4791.

HOWE LANDSCAPE INC. has several positions available for our landscaping, irrigation, and moving/ maintenance crews. This is for full-time and part-time help, with flexible schedules for students, preferably four hour blocks of time. Applicants must be 18 years of age and have a valid driver's license. Starting wage is \$8.25/ hour. Apply three ways, in person Monday- Friday at 12780 Madison Road in Riley; call 785-776-1697 to obtain an application; or email us at askhowe@howeland-scape.com.

CLARION HOTEL: Banquet servers and bartenders, dishwashers, PM laundry. Apply in person at 530 Richards Drive, Manhattan or e-mail jfritchen@hulsinghotels.com.

COACH: USD 378. Riley County is accepting applications for an assistant girl's basketball coach for Riley County High School. Open until filled. Contact Becky Pultz at bpultz@usd378.org or 785-485-4000 as soon as possible.

CSI OPERATIONS Internship: GTM Sportswear is looking for an intern to join our operations team for our Cushion Seats, Inc. division. This is an excellent opportunity for operations majors to get hands on warehouse and inventory management experience. Sophomore or Junior level is preferred. Letters of interest explaining why you should be hired and availability should be emailed to recruiting@igtm.com. Please go to www.gtm-sportswear.com for the full description of the internship.

APARTMENT COMPLEX seeking part-time/ full-time, apartment make ready/ fall cleanup. 785-776-3345.

BARTENDING! \$300 a day potential. No experience necessary. Training provided. Call 800-965-6520 extension 144.

THREE, FOUR-BEDROOM, no smoking, pets. 785-539-1554.

TWO- THREE-BEDROOM. Water/ trash paid. 1130 Vattier. 785-313-8296 or 785-313-8292.

THREE- FOUR-BEDROOM. 1004 Thurston. 785-313-8296 or 785-313-8292.

THREE-BEDROOM HOUSE. Close to campus. Immediately available, \$1200 a month. 785-463-5014.

145 Roommate Wanted

AVAILABLE NOW: Male roommate needed in a four-bedroom house. 1030 Thurston. \$295 plus utilities. Call Brandon, 785-215-3681.

ROOMMATES NEEDED. Nice four-bedroom, two bath. Washer/ dryer included, near KSU/ Aggieville, \$300 month. 785-776-2102. www.wilksapts.com.

YOU SHOULD ADVERTISE IN THE CLASSIFIEDS
785-532-6555

310 Help Wanted

Don't wait for the perfect career to find you. Check out Alorica.

Now Hiring: Customer Service Reps and other exciting opportunities for you at Alorica!

- Fun, positive people
- Tuition reimbursement
- Quick start health & dental insurance
- Perfect attendance bonus
- Renovated workspace & upgraded equipment
- Earn up to \$12.50/hour!!!

Immediate interview when you apply in person: 5970 Executive Ct Manhattan, KS 66503 785-564-4448

And our newest recruiting office: Manhattan Town Center Mall (inside, next door to JCPenney)

www.AloricaJobs.com

COME SEE US TODAY!



400 Open Market

410 Items for Sale

E-BOOKS FOR sale. "Anthology of Chinese Poetry" (translated into English). "The Philosophy of Mechanics." Visit www.lcwangpress.com

465 Tickets to Buy/Sell

TWO BASKETBALL tickets half season, chair backs your choice. 785-317-7713.

500 Transportation

510 Automobiles

1992 MITSUBISHI Eclipse coupe. Five-speed manual. CD player. \$1300 or best offer. 785-317-2712.

600 Travel/Trips

610 Tour Packages

#1 College Ski Week

BRECKENRIDGE

Ski 5 Resorts for the Price of 1

Breckenridge, Vail, Beaver Creek, Keystone & A Basin

\$179

1-800-SKI-WILD

1-800-754-9453
www.ubski.com

Too much junk in the TRUNK?

Classified ads must be placed by noon the day before you want your ad to run. Classified display ads must be placed by 4 p.m. two working days prior to the date you want your ad to run.

CALL 785-532-6555

E-mail classifieds@pub.ksu.edu

Classified Rates

1 DAY
20 words or less \$13.75
each word over 20 20¢ per word

2 DAYS
20 words or less \$15.70
each word over 20 25¢ per word

3 DAYS
20 words or less \$18.40
each word over 20 30¢ per word

4 DAYS
20 words or less \$20.35
each word over 20 35¢ per word

5 DAYS
20 words or less \$22.50
each word over 20 40¢ per word

(consecutive day rate)

To Place An Ad

Go to Kedzie 103 (across from the K-State Student Union.) Office hours are Monday through Friday from 8 a.m. to 5 p.m.

How To Pay

All classifieds must be paid in advance unless you have an account with Student Publications Inc. Cash, check, MasterCard or Visa are accepted. There is a \$25 service charge on all returned checks. We reserve the right to edit, reject or properly classify any ad.

Free Found Ads

As a service to you, we run found ads for three days free of charge.

Corrections

If you find an error in your ad, please call us. We accept responsibility only for the first wrong insertion.

Cancellations

If you sell your item before your ad has expired, we will refund you for the remaining days. You must call us before noon the day before the ad is to be published.

Headlines

For an extra charge, we'll put a headline above your ad to catch the reader's attention.

Categories

000 Bulletin Board

100 Housing/Real Estate

200 Service Directory

300 Employment/Careers

400 Open Market

500 Transportation

600 Travel/Trips

Looking for a job can be exhausting..

Save yourself some trouble and check out our help wanted section.

Need a Job...?

Now Hiring Night Cashiers

Full + Part Time Positions Available

-Flexible Hours
-Benefits all around

Apply at store or online at wal-mart.com

WAL-MART

Manhattan, KS

Pregnancy Testing Center

539-3338

SUDOKU

To play: Complete the grid so that every row, column and every 3x3 box contains the digits 1 to 9. There is no guessing or math involved, just use logic to solve.

Hard

			2	7	1			
								9
5		7		6		3		
9	5					4	6	
3	6					2	1	
8	1					5	3	
	5		7		3	4		
1								
		8	5	3				

SUDOKU Solutions

Answer to the last Sudoku.

© Puzzles provided by sudokulover.com

3	1	6	8	7	4	2	9	5
7	5	2	3	1	9	4	8	6
9	4	8	6	2	5	1	3	7
1	3	7	9	8	2	6	5	4
5	8	4	1	6	7	9	2	3
2	6	9	4	5	3	8	7	1
4	9	5	2	3	6	7	1	8
6	7	1	5	9	8	3	4	2
8	2	3	7	4	1	5	6	9

"Real Hope, Real Help, Real Options"

Free pregnancy testing
Totally confidential service
Same day results
Call for appointment

Across from campus in Anderson Village
Mon.-Fri. 9 a.m.-5 p.m.

数独

Create and solve your Sudoku puzzles for FREE.

Play Sudoku and win prizes at: **PRIZESUDOKU.COM**

The Sudoku Source of "Kansas State Collegian"

Graphic Design Internship

Spring '09
Kansas State Collegian

Advertising Design
If you are a graphic design major and would like an on-campus Spring '09 internship for credit, consider advertising design. Your art department adviser's permission is required. Stop by 113 or 103 Kedzie for an application.

Application deadline by 4 pm Friday, Nov. 21.

STUDENT PUBLICATIONS INC. AT KANSAS STATE UNIVERSITY IS SEEKING A FULL-TIME BOOKKEEPER AND ACCOUNTANT.

Job responsibilities include financial record keeping, working with the director to develop the annual \$1.3 million budget, inventory of equipment and event planning.

The position is a 12-month assignment and includes salary and benefits commensurate with experience and education.

Minimum one-year experience in professional accounting work. Bachelor's required. To apply send cover letter, resume, and recommendations to Linda S. Puntney, director of Student Publications Inc., 103 Kedzie, Manhattan, KS 66506 or email: ambassadors@pub.ksu.edu by **October 31, 2008**. Review of applications will begin November 3, 2008 and continue until position filled. Background checks conducted. Student Publications Inc. is an affirmative action/equal opportunity employer and actively seeks diversity among its employees.

A complete job description is available on request and is published online at **www.royalpurple.ksu.edu**, click on **full-time job opportunity**.

Student Publications Inc. is a local agency of Kansas State University responsible for publishing the 11,500 circulation daily Collegian, the 480-page Royal Purple yearbook and DVD supplement and the campus phonebook.

Need a roommate?

Advertise It works.

Kedzie 103
785-532-6555

HD creates ‘Ask a Dean’ to alleviate students’ stress

By Amanda Keim
KANSAS STATE COLLEGIAN

The dean is in.
It looked just like a scene from Charlie Brown. Instead of Lucy at the desk, charging five cents for psychiatric advice, however, there was a dean freely dealing advice to K-State students.
Surrounding the dean station, marked by a hanging sign that simply read, “The dean is in,” were tables offering information to students on ways to survive the remaining semester.
The “Ask a Dean” event was preceded by a student panel, which also addressed student concerns about the semester and stress management. All of this was sponsored by K-State Healthy Decisions, a campus group dedicated to providing students with answers to their tough questions about student life.
Sarah Tedford, Healthy Decisions coordinator, said this point in the semester can be especially demanding of students as projects, tests and activities begin piling up, causing immense amounts of stress.
The change in weather can also cause students to decrease activity levels and remove exercise, a common stress reliever, from daily routine, Tedford said.
“Students worry more and become more unsure of whether they will make it

through the semester,” Tedford said.
To alleviate some of the stressors facing many students, Healthy Decisions created an event where students could talk to different deans and ask them questions. Tedford said they tried to create a relaxed situation by placing the deans in a student area rather than a student needing to make an appointment.
Two of the information tables at the event were organizations offering students tutoring opportunities: Educational Support Services and the Academic Assistance Center.
Quantrell Willis, Academic Services Coordinator, said the program offers personal one-on-one tutoring in any subject that a student may need and if the needed subject is not available, then the program will find one.
“We offer workshops and classes to aid students now and throughout college,” Willis said.
Educational Support Services also offers academic planning and preparation courses for students.
Like Educational Support Services, the Academic Assistance Center provides personal tutoring and will find students the tutors they need to succeed. Hannah Watts, senior in public health and nutrition, said that the center could aid students but recommends that



Lisle Alderton | COLLEGIAN
Katherine Crane, freshman in industrial engineering, greets Dean Pat Bosco in the Union Courtyard. Bosco was there for “Ask A Dean,” which accompanied a panel discussion on time management and stress relief put on by Healthy Decisions.

students do not apply two weeks before finals if they truly want to succeed.
The Healthy Decisions event lasted from 11:30 a.m. to 1 p.m. and featured student panelists, school deans, orientation leaders and Wildcat Warm-up members. Tedford estimated that 30 to 40 students utilized the resources and information provided by the event.
As the semester continues to build, Tedford said stress maintenance is key.
“Whether that’s by exercising or getting sleep or taking a break every 15 minutes when you’re studying – taking one thing at a time,” Tedford said. “There are different things to make sure your stress doesn’t get to you.”

Start your day
with the
Collegian

Come... be a part of **Nonviolent Communication**
Advocacy for Self and Others
Presenter: *Kristin Kahler, Psy.D.*
Tuesday, November 4
K-State Union 209
1-3pm
Register online
www.k-state.edu/nonviolence/

ADVERTISE
785-532-6560
KANSAS STATE COLLEGIAN

TANKS TAVERN
MINOR NIGHT
18 TO ENTER
EVERY
WEDNESDAY
GET HERE EARLY
BEFORE THE
LINE!

TOP-SECRET FILE



Who is Stephen Boidock?

- 2008 K-State Graduate in Advertising
- Accountant Coordinator-Media at Barkley

“Working as a sales rep for the Collegian gave me the tools and experience that I use every day in the workplace. It definitely made the transition after college much easier.”

How did he get there?

He worked as a sales rep for the **K-STATE Collegian!**

Apply today in Kedzie 103 for Spring.

Applications Due November 21st.

adsales@spub.ksu.edu